

Obstetrical Ultrasound Exam (Abdominal and Internal/Vaginal)

Instructions:

- Partly filled bladder** – Avoid urinating just before the exam
- Arrive at the Ottawa Fertility Centre 10 minutes prior to appointment time
- Present health card upon arrival
- Do not wear scented products in our clinic
- Make childcare arrangements when attending this appointment (children are not permitted in the clinical areas for safety reasons)
- No Show Fee:** 'No Show' fee will be applied, unless the appointment is cancelled two business days prior to the test.

Purpose of the Test

This test can assess the location and size of the pregnancy. The sonographer will take measurements of the pregnancy, the ovaries, and the surrounding structures.

Explanation

Your physician has asked that you undergo a procedure known as an Obstetrical Ultrasound. This ultrasound will be used for comparison with any future ultrasounds. It will tell your doctor the location and approximate age of your pregnancy. When the pregnancy is large enough, measurements of the embryo and the embryo's heart will also be taken.

The ultrasound is conducted by a sonographer, they are not the one to interpret the ultrasound and as such will not give you information about the results. A doctor will read the images and interpret the results of the test and send them directly to your fertility doctor. Your doctor will discuss the results at your follow-up appointment, usually right after the ultrasound.

Do not empty your bladder just before the test. It is not necessary to drink water to prepare, but it helps visibility if you have some urine in your bladder for the beginning of the test. You will have the ultrasound probe placed on your abdomen for the first part of the ultrasound.

Once this part of the ultrasound is finished you will be asked to empty your bladder and then return to the ultrasound room to change your clothes for the vaginal portion of the ultrasound. The sonographer will gently place a small vaginal ultrasound transducer in your vagina and measure your pregnancy and ovaries.

We will provide you with a printed image of the ultrasound, but consistent with our privacy policy, we cannot allow you to take any photos or videos during the exam.

After the test is performed, the results will be sent to your physician. They will be able to discuss the results of the test at your follow up visit.

